

# Consciously Embracing a Global Shift

## Spiritual Master Panache Desai's Insight Into 2012



**T**hroughout history, certain dates have marked a significant shift in the way we perceive ourselves, each other and our world. No date has been the cause of more speculation and concern than 2012. An entire industry has sprung up around this singular event. Books have been written, workshops have been crafted and movements have been created to prepare us for what some call the Golden Age and others call the End Times.

Although this is no ordinary time, I do not perceive an Indiana Jones-apocalyptic scenario in our collective future. Instead, an old paradigm is dying and a new paradigm of love, collaboration and unity is emerging. What you are sensing—or feeling—is your intuition preparing you for one of the most fundamental shifts humanity has ever experienced.

This profound transformation was set in motion long before your birth, beginning millennia ago. Although the earth is changing, the greater shift in this Golden Age is in human consciousness. You and the earth are being gently and lovingly brought into a place of harmony.

This Shift is moving you from the space of living life from your mind to experiencing life from your heart. When you operate from the level of your mind, you exist in a space of comparison and judgment. You perceive others as better or worse, more or less, right or wrong. These differences are plastered across every media outlet, sparking new conflicts in every corner of our globe. Our planet is divided by political beliefs, religious beliefs and economic differences, just to scratch the surface. If we can't agree, we argue, we fight, we judge and we make one another wrong. We wage war.

When you live life from your heart, you honor life as it unfolds, knowing that we are all one. You recognize all who cross your path as unique expressions of one singular consciousness. You see any and all differences simply as diverse expressions of the Divine, and you appreciate those differences because they are all just manifestations of Source. You love yourself, just as you are, in each moment. There is a sacred peace that comes from this way of being as you experience that all things are connected and ultimately one.

Each of you has a very special place on this planet and the full magnitude of who you are and why you are here is about to be revealed. Know that you have a truly unique destiny and that what you are experiencing no one has ever experienced before.

This global transformation is unfolding in its own Divine time and in Divine order to move you into the highest expression of yourself. Universal Consciousness doesn't work from a calendar or in deadlines. There is nothing you can do to speed up or slow down the process. Each interaction and every perceived challenge is calling you to move into the present moment and simply experience what is. You cannot fail.

Yes, our planet is shifting; it's shifting its point of experience from separation to unity. We are about to realize that we are more alike than we are different and that there is a common thread that bonds us all—love.

Here are some guidelines to experience this momentous time with grace and ease:

### Experience Life Fully

No one is more qualified to experience your life than you. Step off the hamster wheel of needing to change. The need to improve or be other than you are keeps you away from the perfection that has always existed. Your soul has a vibrational essence, its own distinct authentic soul signature. Your life's purpose is to be you and to fully experience everything that you are experiencing.

Keep it real! End the struggle and pretense and show the world who you really are. Everything that is unfolding in your life has been laid out for you. Every experience you are having is bringing you closer to your true self. It's time to experience life without editing it. When you are happy, stop and be present to the experience. Relish it as you would a favorite dessert. When you are sad or angry, be fully in the emotion. Don't critique the experience, belittle it or blame those whom you believe may be responsible for what is unfolding. Every experience is unfolding for your benefit. Your entire reality is working in your favor. There is nothing wrong with you, nothing to fix or change, nothing to become, and nothing to do. Be empowered with the truth that the Divine loves you just as you are. Experience it all; embrace it all.

### Breathe Deeply and Let Go of Fear

Stop, slow down and breathe. Being who the Divine created you to be requires no effort. There is a light within you that burns as brightly as a million suns—a light that is here to remind an entire planet of its magnificence.

You have nothing to fear, as we are not moving to-

ward the end of the world. What we are facing is the end of a world that doesn't work. The old paradigm of human experience is being replaced with a new one. The old operating system of fear, scarcity and competition is being replaced with a new paradigm of love, collaboration and unity. With this shift we embrace that we are one consciousness expressing itself in 6.8 billion different ways. With this transformation, we move from a planet divided by beliefs to one unified by the heart. We are all one ... one consciousness, one tribe, one energy, one heart, one love.

Even though you may perceive your life as falling apart, know that you are simply being asked to show up as a more authentic expression of who you are. Trust that no matter what your life looks like or what you are experiencing in this moment, a greater experience of your life awaits.

### Enjoy the Ride

Don't ask a human being for something that only the Divine can give you. Go directly to Source and connect for love, protection and guidance. Ask and you shall receive.

No one truly knows what will unfold over the next few years. Life is a mystery. Walk in complete trust, knowing that your every step is being guided by the Divine. Embrace all that is. Be who you really are, with no exception and no apology. Live from your heart and you'll be amazed at the magic and wonder of what is revealed. The Divine never needed you to be anything other than yourself, so live authentically—from your heart.

Panache Desai is a catalyst for vibrational transformation, and his international work crosses all cultural, ideological, generational and economic boundaries.

He is featured regularly in print, online and broadcast media. Panache has chosen Kansas City for his 1<sup>st</sup>

Global Gathering of 2011—or, more rightly, the Heartland chose him to present “The Heart of Possibility,” May 13-15, at the Sheraton Overland Park Hotel. Joining Panache on May 13 will be Michael Bernard Beckwith, world-renowned author, philosopher and teacher featured in *The Secret*. Event info on [www.panachedesai.com](http://www.panachedesai.com), or see the ad on page 11.