

PERSON OF INTEREST

By Denise Scott

Photograph by Vanessa Rogers

Helping You Find Peace, Love and Joy

SPIRITUAL MASTER **PANACHE DESAI** HAS BIG PLANS FOR THE WORLD, STARTING RIGHT HERE ON THE GULFSHORE.



Age: 30

Residence: Naples; born and raised in London

Family: Fiancée Jan Goldsmith (wedding in December) and her 16-year-old son, Sam

Occupation: Practicing Indian Brahman spiritual master for five years; holds meditations, lectures and workshops in Southwest Florida and across the country to cleanse and clear old energies, and to create sustainable spiritual awakenings. He has also worked in Europe.

Next local event: “An Autumn Gathering: The Power of Change,” Oct. 18 -19, Hilton Naples.

Natural abilities: His ancestors are said to have been closely connected to Indian saints and their disciples, and Desai grew up with a meditation center in his home. “I haven’t really had a mentor or been taught. It’s just like Michael Jordan and basketball. I couldn’t really do anything else.”

Deeper solutions: “They say our thoughts create our reality. That’s a very superficial way of looking at it. It’s the energy inside of us that’s creating our reality. I help people find peace, joy, love—and cultivate it from within.”

Clean your own glass: “Fear and sadness—every issue we have is a derivative of one of these two energies. If a container is dirty, all you’re going to get is dirty water. But if you start cleaning the glass ... that’s why it’s called self-realization and not somebody’s-going-to-do-it-for-me-realization.”

Everyone is welcome: “I’ve had Catholic nuns, Buddhist priests, rabbis, Indian gurus, shamans, ministers; all of them come to see me.”

It starts with you: “I’m actively encouraging people to make that difference in the community, their family, their workplace. Before you know it, the planet’s different. But it takes one person at a time.” ✨