

Shatter the Roadblocks to Abundance

By Panache Desai

The economy continues to struggle and people across this nation have had to make all kinds of sacrifices to survive. We have been forced to go without many of the things that make life comfortable. As such, it is easy to equate abundance with material needs and desires. However, abundance is so much more.

Abundance is beyond the superficial. Abundance encompasses unconditional love, health and vitality and connection to source. It is a perspective of plentitude. And yes, it is also financial well-being. Limitless abundance already resides within you; yet, energetic roadblocks make it difficult to access your natural state and draw it into your physical reality.

What stops us from achieving abundance?

Often we believe that hardship is our lot in this world and we feel victimized by how life is unfolding. However, the divine is just *waiting for us* to step into the vibrational flow of abundance and receive. Taking that step into our natural state of being is the ultimate empowerment and is the doorway to a day-to-day life that reflects our inner magnificence. So what's keeping it at a distance?

Our belief systems frequently draw us into dead ends or roadblocks on the path to attaining our dreams. Society sets up rules to keep order. While these limitations are important in helping human beings work together in relative safety, they can hold us back as well. Everything we subscribe to comes with constraints—whether in our spirituality or the rules of the road.

Why should I have an abundant life? If I have abundance, others will go without. I need to work hard and suffer to have anything. I'm afraid I can't hang on to what I have. These are common concerns that emotionally and vibrationally hold us back from receiving so much more from life. Yes, with achieving our dreams, hard work is often necessary. Yet, believing that you deserve this natural abundance is an essential first step. Each of us is already a worthy and divine being, and there is abundance within each individual. There is no limit to the abundance the Universe has to offer.

Naturally born out of societal constraints,

there are other constraints placed upon us by well-meaning family and friends. And then there are those constraints we place upon ourselves. These constraints come in the form of judgments about what we are capable and not capable of doing, or they might come from a belief that we need someone else to give our life meaning. Such constraints hold us back, making it difficult to continue on a path of self-fulfillment.

These judgments and restrictions born from our own belief systems and the beliefs of others create *vibrational density* within the core of our being. Vibrational density blocks our connection to our inner abundant nature. Breaking apart and dissolving this density is essential to raising our level of consciousness and awareness. Only then can we really access and receive what is waiting for us. Only then can we fully experience the vibrational flow of abundance in the Universe.

How do I tackle vibrational density?

It's not enough to be aware of the roadblocks along the way. Nor is it enough to simply understand there is abundance within us. You must take that leap and put words into action. Like sitting in a classroom and discussing abstract theory, it doesn't mean anything until it is put into practice in the everyday world.

A catalyst is needed to help tackle your vibrational density and propel you into greater awareness and clarity. An empowering presence helps you to dissipate your vibrational density, thereby increasing your vibrational capacity, catapulting you into the greatest levels of abundance.

Similar to the process of a Reiki (energy healing) attunement, the purpose of your connection with a master practitioner is to help you access your connection with the flow of the Universe and, in turn, yourself. Everything that is not in tune with that resonant frequency is removed. However, in Reiki, the purpose is to clear your system to be a channel of healing. Whereas, in vibrational transformation, through presence—the highest vibration of Divine love—the energy serves as a catalyst to help you access more of yourself, allowing you to connect to the divinity within.



When shattering your vibrational density, one of two things may happen. You will either experience exalted states of bliss, or you will experience all the things that have been holding you back. It is completely natural to go through a purification period, but as each emotion or thought boils to the surface, it dissipates more of that vibrational density. It is important to allow ourselves to experience those things we have worked so hard to keep bottled up over the years. Ultimately, we will be left with more room to create a greater level of abundance.

Once you have begun to increase your vibrational capacity to receive, waking up and saying "Yes!" to the world is the next step. Rather than approaching a situation with criticism and judgment, look at it as an opportunity to connect and to grow. Every step you take is empowering and brings you closer to accessing and receiving the abundance already present within you. Limitless abundance is your birthright. Will you receive it?

A catalyst for Vibrational Transformation, Panache is a young, hip and funny spiritual master whose gift of awakening has drawn tens of thousands from all nationalities and faiths. On the faculty of Omega Institute, Blue Spirit Costa Rica and the Kripalu Center for Yoga and Health, Panache is featured regularly in print, online and broadcast media—most recently with his "The Guru is You" bi-monthly radio show featured at no charge on The World Puja Network.

Panache offers weekly Webcasts, private sessions and workshops across the country. Igniting Limitless Abundance is his latest program, available on CD and as an .mp3:
www.PanacheDesai.com.