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Writing For the New Consciousness

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Portal To The Joy of Being

By Susan Scharfman



*"You are being prepared for the Ascension of this planet. These challenges are the playground upon which The Divine is providing you the perfect conditions required for your growth."
-Panache Desai*

When Consciousness demands it, the decline and fall of a dysfunctional society is inevitable. But like rivers that rush to fill dried riverbeds, the Joy of Being is replacing the fear of falling.

Imagine No Possessions

Try to imagine every single object you own stuffed into an enormous box and taken away for a couple of months. You'd be surprised how well you'd live your life without all those 'precious' possessions. The periods in my life I felt completely free were those of transition from one overseas assignment to the next, about 2 months each time. Watching all my 'stuff' packed and loaded into one huge household crate to be shipped off to the next destination was, albeit temporary,

the most blissful liberation from the burden of possessions.

Imagine No Thoughts

Excessive thinking is as great a burden to me as possessions. When you are constantly led around by your thoughts, you're a slave to your mind. The mind may be a terrible thing to waste, but only when you are its master, not the other way around. Constant mental noise distracts from knowing who we humans really are. Our essence is the formless silent, universal awareness—that which is responsible for all things in the world of form. By accepting what is, rather than complaining about a situation, by being quiet, we get to experience our inner stillness that is energetically pulsing with the absolute joy of life.

The Story of Me and Thee

Before meeting contemporary visionary Panache Desai, I was a person seeking self-realization from one after another spiritual master. After meeting him I am a person, like every other person, endowed with everything I need to realize my own Divinity. A portal to the light has opened.

There are many famous celebrities and sports icons who have everything the material world can give them. Yet every day we see enormous monetary wealth and opulent possessions alone cannot and will not make them complete. After a prolonged spending spree, millions of former middle-class Americans woke up one morning to no job, no health insurance and a house they couldn't afford in the first place.

But the challenges we face today are no more insurmountable than those of our grandparents. They suffered a horrendous Depression, fought a horrifying World War that touched all households because of the Draft, and worked their buns off to launch the greatest economic expansion in history. Whining and complaining was not their story. They overcame and the country prospered.

Jacob Weisberg of "Newsweek Magazine" writes, "we should stop blaming the rascals we elect, and look instead to ourselves." And what's wrong with a smaller house, or heaven forbid, a rental?

Everything Happens For a Reason

Today's issues are exactly what are needed to move us out of these self-absorbed, apathetic doldrums and into the fresh air of the new earth. I'm not an expert on anything. But as an optimist I believe the ingenuity and creativity of the American people will rise to the noblest traditions of our civilization.

American history and our ancestors tell us we've been here before. Ours is a continuance of decline and rebound, of powerful expansions after severe economic downturns. Today the possibility remains of America merging into an interdependent global economy that ultimately could be to the nation's advantage.

The task lies in taking responsibility for our actions. The responsibility lies with the individual. Some people are givers and others are takers. Problems arise when the takers outnumber the givers.

The World of Opposites

We live in what the mystics call the world of duality (opposites). Right/wrong, war/peace, abundance/famine. In a stimulating discussion with another person, do you truly listen to what the person is saying? Or is the mental noise in your mind preparing your response because you 'know' you're right and he's wrong?

Can you imagine how enlightening the discussion would be if you were not a slave to your thoughts? When we stop thinking and listen, there is no reason for insults or anger. Presence is The Joy of Being *beyond* reason.

"My Back Pages

Yes, my guard stood hard when abstract threats

Too noble to neglect

Deceived me into thinking

I had something to protect

Good and bad, I define these terms

Quite clear, no doubt, somehow.

Ah, but I was so much older then,

I'm younger than that now."

- Bob Dylan

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